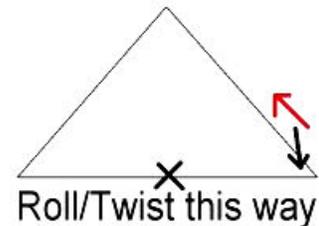
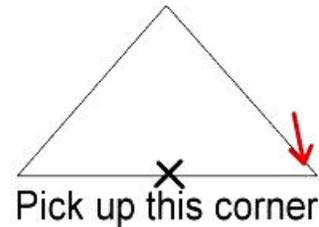
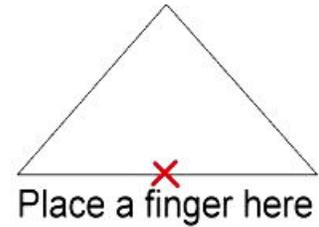


How to Roll Henna Cones

- Place the cellophane triangle and long edge facing you.
- Place a finger on the edge of the long side of the triangle in the middle (see the X in the picture).
- With your free hand, pick up a corner (right or left) and twist it towards the finger that you have placed in the middle of the long side of the triangle.
- Continue to twist, creating a cone. The tip does not have to be perfect just yet.
- Once you have a cone shape, hold it with two fingers inside the cone.
- Twist and pull the cone to adjust its shape and tighten the tip. There should be no opening at the tip, it should be completely closed. Most people pull with the hand that is holding the tip of the cone, while twisting with the fingers inside the cone, but find a technique that works for *you*.
- The key to a good cone is a super pointy tip. It should be so pointy and tight that no liquid can pass through it.
- Take a small piece of tape and carefully tape the loose cellophane edge about an inch or so up from the pointy tip. Use the **Scotch brand red plaid transparent tape**. The frosted-style tape (green plaid) will not hold up to freezing or the essential oils used in henna.



Filling & Folding a Henna Cone

Fill the cone halfway with henna using a carrot bag or a sandwich baggie. You may need to shake the cone to be sure the paste gets down to the tip of the cone, but *don't worry if the paste doesn't get all the way to the bottom of the tip*.

Fold in both corners of the cone creating a tab at the top of the cone.

Fold/Roll down the tab until it creates a nice tight henna cone and tape* securely.

Adjust how you fold the cone to work for your needs.

Some people prefer using a rubber band or a binder clip to close their henna cones, rather than taping the cone. There is no right or wrong way. Do what works for you.

Cut the tip of the cone with scissors or nail clippers to make a very small opening, just enough so that a needle could pass through the hole. Remember you can always cut the tip larger, but once it's too large, you cannot make the opening smaller.

Any unused henna in the cone can be stored in the refrigerator for use within a few days. For longer storage, freeze your henna. You can make extra henna cones and freeze them. Thawing individual cones only takes about 10 minutes.

*Use the **Scotch brand red plaid transparent tape**. The frosted-style tape (green plaid) will not hold up to freezing or the essential oils used in henna.